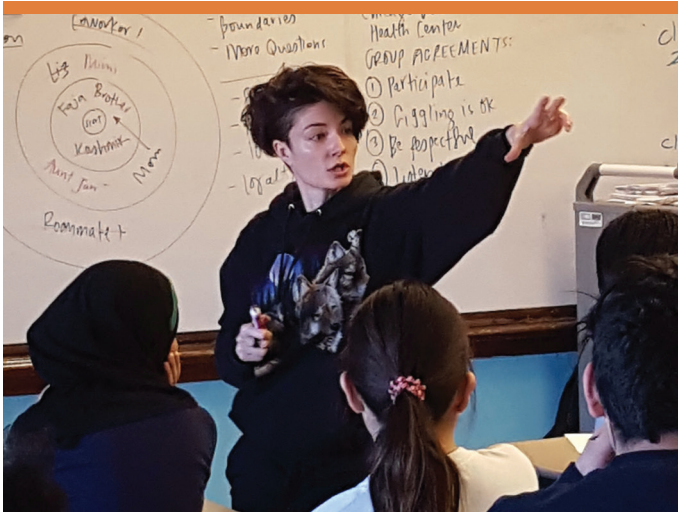


CHICAGO WOMEN'S HEALTH CENTER OUTREACH & EDUCATION PROGRAM



Founded in 1988, the OE Program uses an evidence-based curriculum that aligns with Chicago Public Schools' standards and the National Sexuality Education Standards in order to provide medically accurate, age-appropriate, culturally-humble sexual health and healthy relationships education to young people in schools and community organizations.

The program focuses on the experiences of young people in their social centers in order to empower youth to make informed decisions, combat misinformation, and be part of building safer school environments. Health Educators use anonymously-submitted questions to center the concerns and questions of young people throughout the session series.

OUR STUDENTS

Each year, over 4,000 participants access health education and training through the OE Program.

Of recent young people in our program:

- 99% felt respected by their educator
- 94% said there was enough time for their questions to be answered
- 62% were from low-income households
- 87% were 4th grade to college-aged
- 79% were students of color

"CWHC goes above and beyond for the schools and students they serve."
– Community Partner

OUR SCHOOL PARTNERS

The OE Program works with 30+ school and community partners across Chicago. 95% of school and community partner sites are in medically underserved areas.

CLASS CONTENT

CWHC's curriculum includes information about puberty, pregnancy, and sexually-transmitted infections, as well as tools for addressing emotionally impactful messages from peers and social media about consent, self-esteem, body image, gender identity, sexuality, and healthy relationships. Content is inclusive of all sexualities and gender identities.

Recommended 8-10 Session Series:

- Puberty + Hygiene
- Female Anatomy + Menstruation
- Male Anatomy + Intersex Identities
- Gender Identities + Sexuality
- Self-Esteem, Media Literacy + Body Image
- Safer Sex: Sexually Transmitted Infections
- Safer Sex: Pregnancy Prevention
- Healthy Relationships: Boundaries, Communication, Consent, and Decision-Making
- Parents Session (Optional and Optimal 9th Session)
- School Staff and Faculty Session (Optional and Optimal 10th Session)

This multi-class series provides Health Educators adequate time to offer evidence-based, age-appropriate information, life skills for putting this new knowledge into practice, and sufficient time for engaging students' questions. Schools can decide which classes fit best with their community needs, and Health Educators can tailor sessions to meet individual school requests.

To learn more, contact Scout Bratt, OE Program Director, at sb@chicagowomenshealthcenter.org or 773-935-6126 x230.